



Sacred Island of the Gods With Rev Alice Reid September 1 – 11, 2024



Explore the wonder of Bali on a special sacred tour with Rev. Alice Reid and CSL Capistrano Valley community members on the magical island of Bali for 11 days and 10 nights. Savor the Balinese way of life while immersing yourself in Balinese spirituality.

Bali is commonly known as the *Island of the Gods* because of the devout spiritual practices of the Balinese people. On this sacred journey, you'll visit Sanur Beach, Candi Dasa Beach, and Ubud (Bali's cultural center). Experience the energy of sacred temples. Witness a wonderful Ramayana Kecak performance on Candi Dasa's gorgeous oceanfront. Enjoy a beautiful rice-field sunrise walk, snorkeling in a blue lagoon, and more. You'll participate in a special Balinese ceremony each morning, chant the Gayatri Mantra with complementary Bali Mala Beads, and experience inner peace.

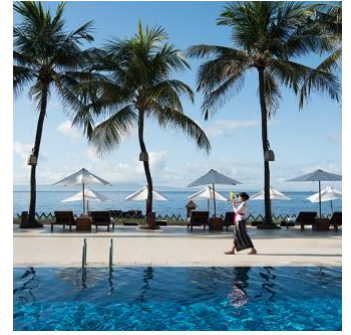
Spirit Tours has a history of over 20 years in Bali. Thanks to this unique connection, our sacred journey provides special access to sites and temples that few tourists can experience. Open your soul to the deep spirituality that prevails throughout the island. Join Rev. Alice for an in-depth experience that touches the heart of Bali and transforms your heart forever.



SUMMARY OF ITINERARY

Day 1, Sun, Sept 1, 2024: Arrive in Bali and relax in Candi Dasa

Upon arrival, we travel to Candi Dasa, a secluded and peaceful seaside area in Eastern Bali. Our home in Candi Dasa is a gorgeous beachfront hotel, the [Ramayana Candidasa Ocean View](#). All rooms are decorated with Balinese harmony in mind. This will be home base for our first five days. Feel free to rest from your travels and take a dip in the beautiful pool overlooking the ocean. The evening is for dining on your own at the resort's peaceful oceanfront, outside dining room.



Day 2, Mon, Sept 2, 2024: Opening Circle / Massage / Slow Bali Pace

After a delicious breakfast buffet, we'll have our opening circle to get to know one another and set your intentions for time in Bali. You'll receive a complimentary welcome massage at some point today. Begin to appreciate the simple Balinese way of life where every moment is a gift of harmony and balance. We intentionally slow down to a quieter pace and spend a day of peace and rejuvenation.

Every morning before starting our spiritual practice we practice a smudging ceremony with incense, blessing ourselves with water and receiving a flower. The Hindu Trinity: Brahma the Creator, represented by fire; Vishnu the Preserver, represented by water; and Shiva (Siwa) the renewer, represented by flower are all honored and invited into our practice and our day. On Bali, there are two ways to pray: 'mbakti' and 'muspa'. The first is worship through devotion, the second shows respect with flowers. Sarong and Sashes will be handed out following the morning chanting and meditation.



The day ends with a blessing at the hotel temple and a Welcome Dinner at our oceanfront restaurant.

Meals Included: Breakfast and Dinner

Day 3, Tues, Sept 3, 2024: Pura Goa Lawah Temple



Following our morning spiritual practice and breakfast, we travel back along the coast to visit the **Pura Goa Lawah** and receive an in-depth offering from a Balinese priest.

Pura Goa Lawah is one of Bali's holiest temples. It is this temple where the Balinese pray and say goodbye to loved ones they have lost. This will be our opportunity to pray and reflect on those

loved ones we have lost. There will also be an opportunity to release unwanted fears, sadness, or to say goodbye to any darkness you wish to leave behind.



In the afternoon, we learn about the beautiful Balinese ritual of flower offerings and flower mandalas. Dinner is on our own at the resort or nearby recommended restaurants.

Meal Included: Breakfast

Day 4, Wed, Sept 4, 2024: Snorkeling / Beach Relaxing / Balinese Feast & Kecak Dance Performance

After our morning spiritual practice and breakfast, you may enjoy an optional snorkel trip to nearby Blue Lagoon with its excellent corals (this extra option also includes lunch). This a very popular site for taking underwater photos. You can opt to relax and sit on the bright, white sand and enjoy the clear waters from the shore.



Upon returning to the resort, you'll have time to visit the spa, Zen Garden, or pool. Dinner is a Balinese feast, followed by a special Kecak dance performance by local villagers.

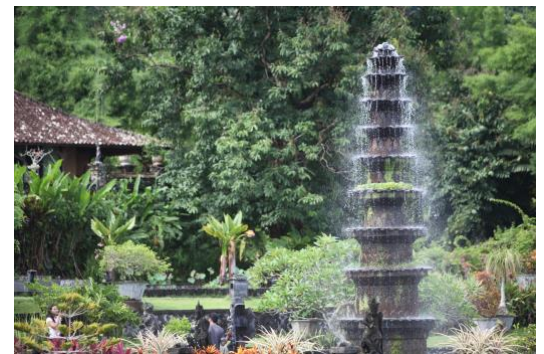
Meals Included: Breakfast and Dinner

Day 5, Thurs, Sept 5, 2023: Water Palace of Tirtagangga



We begin the day with spiritual practice and breakfast. Then we drive to the water palace of Tirtaangga, stopping for lunch along the way. Tirtagangga means *water from the Ganges*, and it is a site of reverence for the Hindu Balinese. It is also a perfect place to immerse yourself in the clear waters and renew your body and soul. The healing waters flow from an underground spring beneath a giant Banyan Tree that is considered holy. The Balinese use this water for temple ceremonies.

The centerpiece of the palace is an eleven-tiered fountain and there are many beautiful carvings and statues adorning the gardens, as well as an amazing stone labyrinth to walk upon the water. The upper pool is for bathing so bring your swimsuit. Just outside the palace grounds, the views of the lush rice paddies of northeastern Bali are stunning.



Meals Included: Breakfast and Lunch

Day 6, Fri, Sept 6, 2024: Ubud

After our morning spiritual practice and breakfast, we head to the village of Ubud, the artistic and cultural center of Bali, where we spend 3 days and two nights.

In Ubud, we stay at the luxurious [Komaneka Rasa Sayang Resort](#) located off Monkey Forest Road, in the center of Ubud's bustling activity. Ubud is the home to Bali's famous art museums and is a shopper's paradise. The Ubud market has an exotic and vast array of locally produced handicrafts. You have the afternoon to explore Ubud on your own.



Tonight, we have dinner together at the nearby [Café Wayan](#).

Meals Included: Breakfast and Dinner

Day 7, Sat, Sept 7, 2024: Sunrise Walk / Balinese Massage / Gunung Kawi Sebatu Temple



This morning you may enjoy an optional sunrise guided walk through the rice fields. After our morning of chanting, meditation, and breakfast, you have time to enjoy Ubud. We can make appointments for those who wish to receive a Balinese massage at Ubud's old style family run Nur Salon with its Mandi Lulur or flower bath massage treatment (*one of the most popular optional experiences on our tours*).

Later in the afternoon, we visit Gunung **Kawi Sebatu Temple**. It is one of the least visited temple complexes on the island of Bali yet is one of the most beautiful and tranquil. It features verdant gardens around ponds filled with carp and blooming lotuses, and ancient shrines surrounded by crystal clear pools fed by natural springs. The temple is dedicated to the God Vishnu (rules over water); enjoy this sacred temple and collect holy water from Bali.



We return to Ubud for dinner on your own.

Meal Included: Breakfast

Day 8, Sun, Sept 8, 2024: Ubud Shopping / Sanur Beach



The morning begins with spiritual practice and breakfast. You have time to do last minute shopping before we transfer to the [Puri Santrian Beach Resort & Spa](#) in Sanur Beach. This beachfront hotel is a short ride from Bali's international airport. Puri Santrian is a modern Balinese resort strategically positioned on the beach at the tranquil southern end of Sanur. We have the afternoon and evening free to relax at their pools or go for an evening swim in the Indian Ocean. Dinner is on your own.

Meal Included: Breakfast

Day 9, Mon, Sept 9, 2024: Tanah Lot Temple

We have our morning spiritual practice and breakfast. You'll have time today to explore, shop, go to the beach, or spend time at the spa.

At the perfect time, based upon the tides, we take a pilgrimage to the west coast of Bali, to visit the famous seaside temple, Tanah Lot (Land in the Sea). This temple was founded by a Brahman priest from Java, named Nirartha. He is believed to have been seen meditating on this rock in the 16th Century. The local villagers saw a light shining down where he was meditating and built a temple there in his honor. The temple sits on a large offshore rock, which has been shaped continuously over the years by the ocean tide. At the base of the rock is a holy freshwater spring; we receive blessings before our prayer service and then have exclusive access inside the holy temple where tourists are not allowed.



Meal Included: Breakfast

Day 10, Tues, Sept 10, 2024: Free Day – Shop / Beach Time / Spa Time

We begin with spiritual practice and breakfast. Today is our final full day in Bali. The rest of the day is free to explore, shop, go to the beach, or spend time at the spa. This evening we have our Farewell Dinner.

Meals Included: Breakfast and Dinner

Day 11, Wed, Mar 23, 2024: Closing Circle / Travel Home

Following our final morning of spiritual practice, we close our circle of connection, have breakfast, and depart for the airport around 1:00pm for our flights home taking transformation, spiritual insights, priceless memories, and new spiritual practices with us.

Meal Included: Breakfast

PRICING FOR 11-DAYS and 10-NIGHTS LAND PACKAGE:

Per person Double Occupancy: \$3,789

Single Supplement: \$1,150

There is a \$800 nonrefundable deposit required to reserve your spot as tours are limited to small groups.



WHAT'S INCLUDED IN THE LAND PACKAGE PRICING:

- All tours, tour transfers and tour ground transportation

- Entrance fees to all group visits mentioned in the above itinerary
- 10 nights at luxury resorts or hotels
 - 5 nights at Ramayana Candidasa Oceanview Sept 1st – 5th
 - 2 nights at Komananeka at Rasa Sayang Sept 6th – 7th
 - 3 nights at Puri Santrian Sept 8th – 10th
- All hotel taxes, service charges, and government sales tax
- Daily breakfast at hotels
- Dinners & Lunches as indicated
- Welcome Dinner and Farewell dinner
- Spirit Tours full tour coordination services in Bali
- Local tour guide
- Ground Transportation to/from airport
- Porter service (luggage) included at all accommodations
- Welcome Massage
- Balinese Sarong, Sash, and Mala Beads
- All tips included (except optional items)
- Water while traveling in vehicles

WHAT'S EXCLUDED:

- International airline tickets
- Travel & medical Insurance and other items of a personal nature
- Meals, drinks, and activities not specified in the itinerary along with tips, laundry, telephone calls, etc.
- VISA purchased upon arrival (currently \$35)

PAYMENT SCHEDULE AND CANCELLATION POLICY:

There is a \$800 nonrefundable deposit required to reserve your spot as this tour is limited to a small group.

Second installment of \$400 due by November 1, 2023

Third installment of \$1,200 due by March 1, 2024

Remaining balance of total tour costs due by June 15, 2024



If cancelled up to 90 days before tour date – full refund of total tour cost minus \$800 nonrefundable deposit

If cancelled between 89 and 61 days – 50% of total tour cost is refundable minus \$800 nonrefundable deposit

If cancelled within 60 days or less – No Refund

Trip Insurance (Cancellation/Interruption/Medical) highly recommended and medical insurance *required* for all international tours. Assistance with insurance and airfare is available through [Spirit Tours](https://spirit.tours/).

Spirit Tours, LLC
<https://spirit.tours/>
karen@spirit.tours

Toll Free (844) 478-8728
 4801 Spring Valley Road, Suite 115
 Dallas, TX 75244

