

For Immediate Release

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Forgiveness Leads to a More Fulfilling Life

San Clemente, Calif. (October 10, 2017) – Author and motivational speaker, Rev. Harry Morgan Moses comes to the Center for Spiritual Living Capistrano Valley on Sunday, October 22, from 12 to 2:30 p.m. to share his powerful forgiveness workshop designed to help attendees reconcile negative feelings through love and understanding. Cost to attend is a love offering.

Moses believes that allowing yourself to forgive leads to real emotional and physical improvements because negative energy and thoughts living within the body can create problems. During the workshop he will offer exercises and insight into releasing the negative energy to heal, grow and transform lives.

The author of "It's So Easy When You Know How," Moses recently retired from the Spirit Works Center for Spiritual Living in Burbank. Called a dynamic speaker by Louise Hay, Moses offers workshops empowering people to achieve greater emotional health, success and creativity by showing how shifts in attitude establish genuine fulfillment.

For more information about the forgiveness workshop, visit the Center's website at www.cslcv.org or call 949-240-6463.

About The Center for Spiritual Living Capistrano Valley

Celebrating nearly 50 years in existence, the Center for Spiritual Living Capistrano Valley, located in San Clemente, is one of 450 Centers for Spiritual Living organizations worldwide, dedicated to providing spiritual tools to transform lives and make the world that works for everyone.

Sunday services are held at 10:30 a.m. preceded by a guided meditation at 10 a.m. The Center offers a variety of services, classes, youth programs, and prayer support. It's spiritual bookstore is open Thursday from 9 a.m. to 5 p.m. and Sundays from 10 a.m. to noon. For more information or directions to the Center, visit our website at www.cslcv.blogspot.com.